

A Warm Welcome from Mayor Miller:



I want to thank our local residents and those visiting our community for taking the time to read our Community Guide. I think you will be impressed with all the Town of St. Paul makes available to residents and visitors alike. Our Guide identifies the many programs, classes and activities for all of us to participate in. We hope you will take part in the opportunities St. Paul has to offer and enjoy our Community Guide.

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Mayor Maureen Miller Town of St. Paul

Back Row/Left to Right: Councillor Brad Eamon, Councillor Ron Boisvert, Councillor Sid Sood, Councillor Nathan Taylor

Front Row/Left to Right: Councillor Norm Noel, Mayor Maureen Miller.

Councillor Gary Ward



WHAT'S IN OUR GUIDE

Town Facilities

Recreation Centre Reunion Station

Sporting Facilities

Clancy Richard Arena CAP Arena

Curling Rink

Baseball Diamonds

Camparounds

Ironhorse Campground Overnight Campground

St. Paul Golf Course

Tourism Centre

St. Paul Fire Department

Aquatic Centre

Family & Community Support Services

Lakeland Family Resource Network Parks & Playgrounds

Lagasse Park / Splash Park

St. Paul Municipal Library

Alberta's Iron Horse Trail

Farmers' Markets

Midweek Farmers' Market

Friday Farmers' Market

Fee Assistance

Kidsport **Jumpstart**

School Directory

Not-For-Profit Community Groups

BFWC Counterculture Youth Aboriginal Headstart Program Boys & Girls Club of St. Paul Community Garden Society Girl Guides

Iron Horse Ultra Race 100 Lakeland Cross Country Ski Club NEMA

St. Paul 4H Multi-Club

St. Paul & District Arts Foundation

St. Paul & District Minor Hockey

St. Paul & District STEAM Society

St. Paul AG Society

St. Paul Barracudas Swim Club

St. Paul Curling Club

St. Paul Figure Skating Club

St. Paul Football

St. Paul Gymnastics Club

St. Paul Karate-Do

St. Paul Minor Baseball

St. Paul Museum

St. Paul Pickleball Club

St. Paul Search & Rescue

St. Paul Soccer

St. Paul Tennis Club

St. Paul Visual Arts Centre

St. Paul Youth Council





This facility features a spacious hall, multi-purpose room and kitchen. A perfect venue for weddings, graduations, rodeo dances, corporate functions, trade shows and reunions.

Recreation Hall:

- Accommodates up to 600 people with chairs and 470 with chairs and tables
- Bar area available and full sized kitchen which can be rented or used for catering
- Sound system, projector and screen and accent lighting
- Staging available

Multi-Purpose Room:

- · Accommodates up to 125 people with chairs and tables
- · Perfect for meetings, corporate training and family functions

Kitchen:

 Commercial sized kitchen directly attached to the Multi-Purpose Room & Hall

	Half Day	Full Day
Hall	\$192.50	\$385.00
Multi-Purpose Room	\$79.00	\$158.00
Kitchen	\$43.00	\$86.00

Note: Youth Rates available must have a majority of the attendance under the age of 16

**Rate increase for 2024*

Reunion Station

4112- 53 Avenue

This facility is ideal for family gatherings such as birthday parties, family reunions or small wedding receptions. Walking distance to the Iron Horse Campground.

- Accommodates up to 125 with chairs and tables provided at the venue
- Full sized kitchen which can be rented or used for catering
- Projector screen onsite for use with internet access
 Outside the Facility:
- Picnic tables
- 2 Briquette barbeques (briquettes not provided)
- Large fire pit
- Playground

	Half Day	Full Day
Meeting Room	\$98.50	\$197.00
Kitchen	\$43.00	\$86.00

Note: Youth Rates available must have a majority of the attendance under the age of 16



SPORTING FACILITIES

Arenas

The Town of St. Paul currently has 2 indoor arenas the Clancy Richard and the CAP which both have concessions available.



Clancy Richard

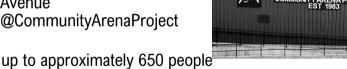
5306 – 48 Avenue

- Can hold up to approximately 1350 people
- · Home to the Jr. B Canadiens
- · Hosts events such as hockey tourna ments, figure skating competitions and carnival and the Lakeland Rodeo Finals

CAP (Community Arena Project)

5314 – 48 Avenue

Facebook: @CommunityArenaProject



Can hold up to approximately 650 people

Hosts events such as hockey tournaments and summer camps

ARENA ICE RENTAL RATES

Rates: Sept 2023 - March 2024

Clancy Richard Hourly \$169.00 **Adult Rate** \$101.00 Youth Rate **CAP**

Adult Rate \$159.00 Youth Rate \$95.00

For Fall/Winter rentals please call 780-645-1771.

Curling Rink

4802 - 53 Street

- This facility includes curling ice surface, lounge area and viewing room and can hold approximately 1150 people
- 6 Sheet curling surface

For Fall/Winter Rentals please call 780-210-1387



Baseball Diamonds

- Jaycee Ball Diamond located North of the Recreation Centre
- 5 slo-pitch diamonds located South of the Clancy Richard Arena
- 2 slo-pitch diamonds located at the Regional High School

Rates: April 1, 2023 – September 30, 2023

*Rate increase in 2024 Game/Practice Full Day Adult: \$39.00 \$136.00

Youth: \$24.00 \$81.00



CAMPGROUNDS

Iron Horse Campground

Located on the North-East side of Town with easy access from any direction. We have a large entrance and wide lanes for easy maneuvering with a sani-station right at the entrance. Our sites are deep with ample room between each.

The Iron Horse Trail is practically on your doorstep! Great for hiking, biking, horseback riding, ATVing, and more! We are located next to the Reunion Station event facilities, playground and soccer complex. Enjoy fishing? We have a fully stocked trout pond.

Services:

- 44 Sites with 30 & 50 amp power, water and sewer, fire pits & tables
- 38 Sites with 30 & 50 amp including water, sewer
- 7 Overflow sites with power only
- Fire pits and picnic tables.
- Coin showers & laundry room
- Firewood is available for purchase
- 10 Horse covered stalls with a large field that can be used for horses and equipment

For more information including prices please go to www.campreservations.ca

Iron Horse Campground 4012 – 53 Avenue

Contact Number: 780-614-4244 Email: campground@stpaul.ca

Reservations: www.campreservations.ca



Overnight Campground

This treed campground is conveniently located one block off Main Street next to the St. Paul Golf Course, and adjacent to the Recreation Grounds which include: the AG Corral and Rodeo Grounds, Playground and Five Ball Diamonds, Jaycee Ball Park (where Centerfield Music Festival is held), the Recreation Centre Hall, Curling Rink, Municipal Library (computer and internet access), St. Paul Museum, Skate Park, Aquatic Centre, Visual Arts Centre, the UFO Landing Pad and Tourism Information Centre.



Services:

- 23 Sites with power 10 Dry camping sites Night
 - Fresh water fill station Sani-dump
- Free hot showers Fire pits and picnic tables
 - Firewood is available for purchase

For more information including prices please go to www.campreservations.ca

Overnight Campground 4800 – 55 Street

Contact Number: 780-614-4244 Email: campground@stpaul.ca

Reservations: www.campreservations.ca

ST. PAUL GOLF COURSE



The St. Paul Golf Course is located on the West side of Town. The facility is home to a beautiful 18-hole golf course, Pro Shop and Tin Cup Restaurant. The fairways and greens are kept in pristine shape. Our professional staff are always willing to help you with your golfing needs with Men's Night being offered on Tuesday's and Ladies Night being on Wednesday's.

Tournaments and Corporate Events:

The St. Paul Golf Course is ideal for private and public functions. We are available to host tournaments and the Clubhouse Restaurant, Tin Cup, is available to provide catering. We'll custom build a tournament package that fits your budget. Please inquire for further information. Following your round, stop by the Clubhouse for a drink, bite to eat and a relaxing seat on the patio overlooking the course.

Golf Club Manager: Sean Hovelkamp Contact Number: 780-645-4077 Email: shovelkamp@stpaul.ca Web: www.stpaulgolfcourse.com Facebook: @StPaulGolfCourse

Green Fees	9 Holes	18 Holes
Junior (13-17)	\$16.00	\$27.00
Adult	\$27.00	\$42.00
Senior 55+	\$27.00	\$42.00

Membership Fees

Adult Single (18+)	\$950.00
Adult Couple (married/common law)	\$1,500.00
Senior Single (55+)	\$855.00
Senior Couple	\$1,350.00
Family (couple + their children under 18)	\$1,600.00
Student (18-25 in post-secondary - photo id)	\$450.00
Junior 17 & Under	\$100.00

Early Bird Discounts for Memberships in Dec 2023 & Jan 2024



TOURISM GENTRE

4902-53 Street

The Tourist Information Centre is open seasonally with a tentative schedule beginning May Long Weekend until September Long Weekend. Hours of operation are determined at the beginning of the season. Built in 1967, the Landing Pad stands for unity. That was the dream in 1967 and it is the dream today. We hope you'll feel it when you walk through the door; you are very welcome here. Everyone is. Whether you need to stretch your legs from travelling or are a local



looking to find a unique gift, we have you covered! We offer a wonderful boutique shopping experience in St. Paul, representing over 50 local artisans. Come enjoy the gift shop and 360 degree views of St. Paul while sipping a steaming latte. The kids will enjoy our weekly crafts, as well as challenging scavenger hunts. Our visitor information staff is trained to help you find what you're looking for on your travels through this gorgeous section of our province!



St. Paul Tourist Information Centre/ UFO Landing Pad Contact Number: 780-645-6800 Email: infotourist@stpaul.ca Web: https://www.stpaul.ca/UFO-Landing-Pad Facebook: UFO Landing Pad St. Paul Instagram: ufolandingpadgallery

ST. PAULFIRE DEPT.

5101-50 Street

The St. Paul Fire Department is compromised of 39 members, including a full-time Fire Chief and Deputy Fire Chief. Our Firefighter's are exceptionally trained, with most of them holding NFPA 1001 Firefighter Certification. We have our own local training facility that enables us to instruct other firefighters from around the region. We provide service in the following areas: Fire Suppression, Vehicle Extrication, High-Angle Rescue, Ice Rescue, Hazardous Materials Response and Medical Assistance as requested. Each Fall, the St. Paul Fire Department accepts applications for the position of Volunteer Firefighters with training beginning in the new year. Follow us on Facebook to stay informed on this opportunity.







Fire Chief: Trevor Kotowich
Contact Number: 780-645-4100
Email: tkotowich@stpaul.ca
Web: www.stpaulfiredepartment.com
Facebook: @StPaulFireDepartment

AQUATIC CENTRE



Monday - Friday: 6:30am to 9:00pm Saturday: 10:30 am to 8:00 pm Sunday: 10:30am to 4:00pm Closed on Statutory Holidays

The St. Paul Aquatic Centre offers numerous programs and activities for people of all ages. Please join us for our regular scheduled Public Swims or register for our Aquatic Programs.

Our Aquatic Centre includes:

- 6 lane 25 metre swimming pool with a 1 metre springboard, diving blocks and a child slide
- Shallow kids pool which is kept warm and perfect for our Preschool Swim Lessons
- Hot Tub and Steam Room
- Birthday Party Room available for Rentals
- Gym which includes 3 treadmills, 2 exercise bikes, a step machine, elliptical trainer, rowing machine and free weights.

Contact Name: Rob Simons
Contact Number: 780-645-3388
Email: rsimons@stpaul.ca
Website: www.stpaul.ca
Facebook: @StPaulAquaticCentre

SWIM RATES (these rates are effective in 2023)

PUBLIC SWIM RATES - DAILY

Family	\$16.00
Adult (18+)	\$7.00
Senior (60+)	\$6.00
Youth (7-17)	\$6.00
Child (3-6)	\$3.00
Special Needs	\$4.00
Infant (0-2)	FREE

MEMBERSHIP RATES

34	10X Pass	1 Month	Annual Pass
Family	\$109.00	\$109.00	\$636.00
Adult (18+)	\$63.00	\$63.00	\$424.00
Senior (60+)	\$48.00	\$48.00	\$318.00
Youth (7-17)	\$43.00	\$43.00	\$318.00
Child (3-6)	\$27.00	\$27.00	\$212.00
Special Needs	\$27.00	\$27.00	\$212.00
Infant (0-2)	FREE	FREE	FREE

RENTAL OPTIONS

1 Hour Party Room \$21.00 Pool \$68.00 Party Room & Pool \$99.00

Follow us on Facebook to keep up to date on all the upcoming Lessons & Courses.

AQUATIC CENTRE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY
6:00 AM 7:00 AM 8:00 AM	Lane Swim 6:30 - 9:00 Aquafit 8:00 - 8:30	Lane Swim 6:30 - 9:00	Lane Swim 6:30 - 9:00 Aquafit 8:00 - 8:30
9:00 AM			
10:00 AM			
11:00 AM	Family Swim	Family Swim	Family Swim
12:00 PM	11:30 - 1:00	11:30 - 1:00	11:30 - 1:00
1:00 PM	Public Swim 1:00 - 4:00	Public Swim 1:00 - 4:00	Public Swim 1:00 - 4:00
2:00 PM	On no school days	On no school days	On no school days
3:00 PM			
4:00 PM			
5:00 PM			
6:00 PM	Public Swim 6:00 - 7:30	Public Swim 6:00 - 7:30	Public Swim 6:00 - 7:30
7:00 PM	Shallow Water Aquafit 7:30 - 8:15	Deep Water Aquafit 7:30 - 8:15	Shallow Water Aquafit 7:30 - 8:15
8:00 PM 9:00 PM	Lane/Adult Swim 8:15 - 9:00	Lane/Adult Swim 8:15 - 9:00	Lane/Adult Swim 8:15 - 9:00

THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lane Swim 6:30 - 9:00	Lane Swim 6:30 - 9:00 Aquafit 8:00 - 8:30	GATONDAT	OUNDAT
		Family Swim	Family Swim
		10:30 - 12:00	10:30 - 12:00
Family Swim 11:30 - 1:00	Family Swim 11:30 - 1:00		
Public Swim 1:00 - 4:00 On no school days	Public Swim 1:00 - 4:00 On no school days	Public Swim 1:00 - 4:00	Public Swim 1:00 - 4:00
Public Swim 6:00 - 7:30			
Deep Water Aquafit 7:30 - 8:15	Public Swim 6:00 - 9:00	Public Swim 6:00 - 8:00	
Lane/Adult Swim 8:15 - 9:00			

AQUATIC CENTRE LESSONS

The Parent & Tot Program structures in-water interaction between parent/care- giver and child to stress the importance of play developing water-positive attitudes and skills. Recommended ages: 4 months to 3 years.

Parent & Tot Sessions \$50.00 Oct 21 - Dec 16 Saturday 9:00 - 9:30 am Jan 13 - Mar 2 Saturday 9:00 - 9:30 am Mar 16 - May 11 Saturday 9:00 - 9:30 am

Preschool 1: Preschoolers will be assisted by their instructor when learning to enter and exit water safely, jump into chest deep water and put their faces in the water to blow bubbles. Becoming comfortable with floats and glides and moving safely in shallow water while wearing life jackets will help them gain confidence with their water skills.

Preschool 2: Preschoolers will work on becoming more independent with ther water skills. Some of these skills include jumping into chest deep water unassisted, sub- merging and exhaling underwater and floating with various bouyant aids. They will be introduced to lateral rollovers and practice their flutter kick on their backs.

Preschool 1 & 2 : Ages 3 - 5 \$50.00			
Oct 20 - Dec 9	Friday's	4:00 - 4:30 pm	
Oct 20 - Dec 9	Friday's	5:00 - 5:30 pm	
Oct 21 - Dec 16	Saturday's	9:00 - 9:30 am	
Oct 21 - Dec 16	Saturday's	10:00 - 10:30 am	
Jan 12 - Mar 1	Friday's	4:00 - 4:30 pm	
Jan 12 - Mar 1	Friday's	5:00 - 5:30 pm	
Jan 13 - Mar 2	Saturday's	9:00 - 9:30 am	
Jan 13 - Mar 2	Saturday's	10:00 - 10:30 am	
Mar 15 - May 10	Friday's	4:00 - 4:30 pm	
Mar 15 - May 10	Friday's	5:00 - 5:30 pm	
Mar 16 - May 11	Saturday's	9:00 - 9:30 am	
Mar 16 - May 11	Saturday's	10:00 - 10:30 am	

Preschool 3: Preschoolers will kick and glide their way through the water on their fronts and backs. They will work on retrieving objects from the bottom in water that is wait deep and work towards mas- tering their floats, rollovers, glides and kicks. In this level they work their way into deeper water for side entries and jumping in with their lifejackets on.

Preschool 3: Ages 3 - 5 \$50.00			
Oct 20 - Dec 9	Friday's	4:30 - 5:00 pm	
Oct 20 - Dec 9	Friday's	5:30 - 6:00 pm	
Oct 21 - Dec 16	Saturday's	9:30 - 10:00 am	
Jan 12 - Mar 1	Friday's	4:30 - 5:00 pm	
Jan 12 - Mar 1	Friday's	5:30 - 6:00 pm	
Jan 13 - Mar 2	Saturday's	9:30 - 10:00 am	
Mar 15 - May 10	Friday's	4:30 - 5:00 pm	
Mar 15 - May 10	Friday's	5:30 - 6:00 pm	
Mar 16 - May 11	Saturday's	9:30 - 10:00 am	
Jan 12 - Mar 1 Jan 13 - Mar 2 Mar 15 - May 10 Mar 15 - May 10	Friday's Saturday's Friday's Friday's	5:30 - 6:00 pm 9:30 - 10:00 am 4:30 - 5:00 pm 5:30 - 6:00 pm	

Preschool 4: Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a lifejacket and gliding and kicking on their side.

Preschool 4: Ages 3 - 5 \$50.00			
Oct 20 - Dec 9	Friday's	4:30 - 5:00 pm	
Oct 20 - Dec 9	Friday's	5:30 - 6:00 pm	
Oct 21 - Dec 16	Saturday's	9:30 - 10:00 am	
Jan 12 - Mar 1	Friday's	4:30 - 5:00 pm	
Jan 12 - Mar 1	Friday's	5:30 - 6:00 pm	
Jan 13 - Mar 2	Saturday's	9:30 - 10:00 am	
Mar 15 - May 10	Friday's	4:30 - 5:00 pm	
Mar 15 - May 10	Friday's	5:30 - 6:00 pm	
Mar 16 - May 11	Saturday's	9:30 - 10:00 am	

AQUATIC CENTRE LESSONS

SWIMMER PROGRAM 6-13 YEARS OLD

Swimmer Program is a 6-level success oriented swim program. There is a prominent focus on in-water swimming practice as swimmers learn fundamental strokes and skills, mastering them as they progress through the program.

Swimmer 1: Building the foundation of swimming skill development beginner swimmers will gain confidence in the water as they learn safe entries into various depths of water, treading water in a lifejacket, opening their eyes underwater and breath control. Once they have learned their floats, rollovers, glides and kicks from front to back, they will front crawl their way to the next level.

Swimmer 1: \$50.00			
Oct 20 - Dec 9	Friday's	4:30 - 5:00 pm	
Oct 20 - Dec 9	Friday's	5:30 - 6:00 pm	
Oct 21 - Dec 16	Saturday's	9:30 - 10:00 am	
Jan 12 - Mar 1	Friday's	4:30 - 5:00 pm	
Jan 12 - Mar 1	Friday's	5:30 - 6:00 pm	
Jan 13 - Mar 2	Saturday's	9:30 - 10:00 am	
Mar 15 - May 10	Friday's	4:30 - 5:00 pm	
Mar 15 - May 10	Friday's	5:30 - 6:00 pm	
Mar 16 - May 11	Saturday's	9:30 - 10:00 am	

Swimmer 2: Swimmers will gain comfort in deeper water by jumping in, learning their sideways entry, and treading water without a lifejacket. Swimmers will be challenged by the introduction of various skills including flutter kick on their front, back and side, vertical whip kick with an aid and swimming front crawl and back crawl for 10m. Swimmers will get to work on their Swim to Survive skills and be introduced to interval training.

Swimmer 3: Swimmers will make a splash with their kneeling dives and forward roll entries. Increased time and distance components are incorporated for skills learned such as flutter kick on front & back, whip kick, front & back crawl and interval training.

	Swimmer 2 & 3: \$5	0.00
Oct 20 - Dec 9	Friday's	4:00 - 4:30 pm
Oct 20 - Dec 9	Friday's	5:00 - 5:30 pm
Oct 21 - Dec 16	Saturday's	10:00 - 10:30 am
Jan 12 - Mar 1	Friday's	4:00 - 4:30 pm
Jan 12 - Mar 1	Friday's	5:00 - 5:30 pm
Jan 13 - Mar 2	Saturday's	10:00 - 10:30 am
Mar 15 - May 10	Friday's	4:00 - 4:30 pm
Mar 15 - May 10	Friday's	5:00 - 5:30 pm
Mar 16 - May 11	Saturday's	10:00 - 10:30 am



AQUATIC CENTRE LESSONS

Swimmer 4: Swimmers will be from beginner to intermediate swimming level. Swimmers will complete standing dives, tread water and work towards being able to swim underwater for 5m. Improving their front & back crawl, whip kick and introduced to breaststroke.

Swimmer 5: Swimmers will be challenged with a whole new set of skills; shallow dives, tuck jumps, eggbeater kick and back- ward somersaults. Swimmers will need to complete longer distance swims and sessions.

Swimmer 4 & 5: \$60.00

Oct 20 - Dec 9	Friday's	4:45 - 5:30 pm
Oct 21 - Dec 16	Saturday's	9:00 - 9:45 am
Jan 12 - Mar 1	Friday's	4:45 - 5:30 pm
Jan 13 - Mar 2	Saturday's	9:00 - 9:45 am
Mar 15 - May 10	Friday's	4:45 - 5:30 pm
Mar 16 - May 11	Saturday's	9:00 - 9:45 am



Swimmer 6: Final Level of Swimmer Program. Swimmers will work towards mastering stride entries, compact jumps and kicks. 300m workout required to complete this level.

Swimmer 6: \$60.00

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Oc ¹	t 20 - Dec 9	Friday's	4:00 - 4:45 pm
Oc.	t 21 - Dec 16	Saturday's	9:45 - 10:30 am
Jar	n 12 - Mar 1	Friday's	4:00 - 4:45 pm
Jar	n 13 - Mar 2	Saturday's	9:45 - 10:30 am
Ma	r 15 - May 10	Friday's	4:00 - 4:45 pm
Ma	r 16 - May 11	Saturday's	9:00 - 9:45 am

Canadian Swim Patrol

The 3 Level Canadian Swim Patrol Program is for swimmers who are ready to go beyond learn-to-swim (Rookie Patrol, Ranger Patrol & Star Patrol). These are the next lessons after you have completed the Swimmer Program 1-6.

The program focuses on developing strength and proficiency while introducing swimmers to the challenging world of lifesaving. Each level will continue to develop swimmers' strokes and provide a skillful foundation. Each level of Canadian Swim Patrol program has 3 modules: Water Proficiency, Fire Aid and Recognition & Rescue.

Rookie, Ranger & Star Patrol

Oct 20 - Dec 9	Friday's	4:00 - 4:45 pm 9:45 - 10:30 am
Oct 21 - Dec 16 Jan 12 - Mar 1	Saturday's Friday's	4:00 - 4:45 pm
Jan 13 - Mar 2	Saturday's	9:45 - 10:30 am 4:00 - 4:45 pm
Mar 15 - May 10 Mar 16 - May 11	Friday's Saturday's	9:45 - 10:30 am



REGIONAL FCSS



St. Paul Office Located at 5002 - 51 Avenue Ph: 780-645-5311 Mon - Fri 8:30am - 4:30pm Closed from 12:30pm - 1:30pm Elk Point Office Located at 4906 - 48 Street Ph: 780-724-3800 Tue - Wed 8:30 am - 4:30pm Closed from 12:30pm - 1:30pm

At FCSS we design and deliver social programs that focus on prevention to enhance social well-being of individuals and families in our community. This is done through promotion and intervention strategies that are provided to those in need at the earliest opportunity! Our programs depend on community resources, often involving our local volunteers in management and delivery. Connect with us by visiting in person, going online or scrolling social media.

Programs

YEAR ROUND

Advocacy Promotion Community Boardroom Community Kitchen Access Community Counselling Community Funding Friendly Welcome Information & Referral Services Interagency Connections Meals on Wheels Senior Assistance Programs St Paul Youth Council (SPYC)

Programs cont....

SPRING/SUMMER

Camp Sunshine
Community Walking Program
Neighborhood Block Parties
Seniors Week
Summer Camp Programing
Volunteer Appreciation
Volunteer Income Tax

FALL/WINTER

Community Awareness Community Christmas Hampers Safe & Sweet Halloween Shiver Fest Snow Angels Tree Lighting









St. Paul Regional FCSS & Family Resource Network



st.paul_fcss

For more information on all our programs and connections to current events please visit us in person, online or scan the QR code.

www.stpaulfcss.ca

LAKELAND FAMILY RESOURCE NETWORK



YEAR ROUND PROGRAMS

Ages & Stages Questionnaire
Baby Bunch
Babysitting Course
Baby Wise Bundle Bags
Car Seat Checks
Home Alone Course
Information & Referrals
Emotion Coaching
Growing Minds

Kids Have Stress Too
Mom's & Tots
Read & Roll
Rhymes That Bind
Run-Jump-Skip
Seasonal & Occasion Play & Learn Events
Story Time & Craft
Traditional Teachings
Triple P Parenting

We offer programming to all families with children 0-18 years of age aiming to strengthen family connections. We want our families to flourish and have a space for fun enriching activities for parent and child growth with educated professionals that are available to answer Programs questions and provide support when needed. They say it takes a village to raise a child, and we are more than happy to become part of your village. With the support of parenting groups along with child and youth programs we are focused in helping families reach their developmental potential.

SPRING/SUMMER

Buggies on the Block Clothing Exchange

FALL/WINTER

Clothing Exchange Shiverfest









St. Paul Regional FCSS & Family Resource Network



st.paul_fcss

For more information on all our programs and connections to current events please visit us in person, online or scan the QR code.

www.lakelandfrn.ca www.fcss@stpaul.ca (local supports)

PARKS & PLAYGROUNDS

The Town of St. Paul has a great selection of parks. There are 16 of them spread throughout the Town. Both RCMP Park and Crescent Park have basketball courts while tennis courts can be found at Kinsmen Park.

Centennial Park 6001 – 46 Ave Crescent Park 4034 - 46 Ave Desjardins Park 5524 - 50 St Elks Park 5602 - 55 Ave Kendelstick Park 4309 - 52 St Kinsmen Park 4222 – 48 Ave Lagasse Park 47 St. & Lakeshore Drive Lambert Park 4424 - 51 Ave Lavoie Park 4101A Lakeshore Drive Lingin Park 5409 - 52 Ave Lions Park 50 Ave & 49 St Lyndale Park 4734 – 48 St Mytrash Park 54 Ave and 56 St

RCMP Park 5528 - 51 Ave

Spring Creek 4413 - 58 St

Rogerson Park 4414 – 48 Ave

St. Paul BMX & Skatepark 49 St - 53 Ave

parks. You can find many pieces of art and historical information throughout the park. You can take a walk on the Boardwalk that goes along the lake. If you are travelling through this is a great park to take a break in!

The Lagasse Park features:

- Splash Park (open 10am-8pm)
- Outdoor Fitness Centre
- 2 Children's Playgrounds
- Basketball Court
- Beach Volleyball Court
- 2 Large Gazebo's for gatherings





2023/24 UPCOMING EVENTS

FEB Shiverfest Celebrations Spring Clothing Exchange MAY JUI Y **Canada Day Celebration Outdoor Movie Night** JULY **Block Party at Lagasse Park** AUG **Outdoor Movie Night** AUG **SEPT** LRA Rodeo Finals **Community Awareness SEPT** Fall Clothing Exchange **SEPT** OCT Safe & Sweet Halloween NOV Remembrance Day Ceremony **Christmas Tree Lighting** DEC

A reminder to check out our Town Calendar for upcoming events at: www.stpaul.ca

Have a community event in Town of St. Paul? Be sure to submit your event on our website.

ST. PAUL MUNICIPAL LIBRARY



Contact Name: Eunhye Cho Contact Number: 780-645-4904 Address: Box 1328, 4802 -53 St E-Mail: librarian@stpaullibrary.ab.ca Website: www.stpaullibrary.ab.ca

Facebook: @Stpaulablibrary Instagram: @stpaulablibrary Twitter: @stpaulablibrary

LIBRARY HOURS

September to June

Tues. to Thurs: 10am - 8pm Fri. & Sat: 10am - 5pm Closed Sunday & Monday

July to August

Mon. & Fri: 10am - 5pm Tues. to Thurs: 10am - 8pm Closed Saturday & Monday

E-Resources

Access FREE e-resources with your library card:
E-books, audio books, newspapers, magazines, language courses and more.

Services

Books - Boardgames Movies - Photocopying
Printing Faxing - Laminating Exam Invigilation Free WIFI Computers - Scan to Email

Programs:

We have various events and programs thought out the year for all ages and walks of life. Check our website & social media or ask at the front desk to find out what is upcoming and happening!

Room Rental:

We have a room available for rent for business functions, birthday parties and board meetings.

ALBERTA'S IRON HORSE TRAIL

Alberta's Iron Horse Trail is the perfect getaway for families looking to explore the Lakeland. The trail itself is 300km long which means you get to travel through some interesting countryside; from sweeping vistas of the North Saskatchewan River valley to the hushed coolness of the boreal forest. Numerous wetlands showcase the beavers' architectural talents, swaying fields of silver barley, wonderous yellow stretches of canola in bloom and grazing cattle in complete harmony with the abundant wildlife along the trail.

There are plenty of rest stops to enjoy a picnic lunch or weiner roast. The trail is open for ATV's bicycles, hiking, horse riders and waggoneers in the summer and snowmobiles in the winter.

Make sure you allow for time to visit some of the historical sites in the region, Fort George Buckingham House, Metis Crossing and local museums. Art walks, golf courses, trout fishing ponds, skate board and water parks are just a few of the other attractions you will find in the communities along the trail.



Alberta's Iron Horse Trail
Contact Name: Marianne Janke
Contact Number: 780-645-2913
Email: info@ironhorsetrail.ca
Facebook: @AlbertalronHorseTrail



All communities along the trail have access routes to services. The Lakeland is home to numerous craft breweries and distilleries. Try a craft beer flight, tour a distillery or sit down to a charcuterie board at a local cider house. There are many local eateries offering delicious choices throughout the day with local produce and meats highlighted on their menus.

Relax in the evening at one of the B&B's along the trail or set up camp at a local campground. Come for a day, a weekend or a week. Alberta's Iron Horse Trail is a wonderful way to explore the Lakeland's culture, outdoor experiences, culinary delights and warm inviting people. We are sure you will return time and time again.

MOWER FARMERS' MARKET

Contact: Kandice

Contact Number: 780-614-5973

Facebook: St. Paul Midweek Farmers' Market





The Midweek Farmers' Market runs every Wednesday Afternoon 2:30 - 6:30pm St. Paul Senior Citizen Club @ 4809 - 47 Street behind the RC Church.

We are always on the lookout for new vendors so if you Make It, Bake It or Grow It. we'd love to have you join our Market!



FRIDAY FARMERS' MARKET

Contact: Elizabeth

Contact Number: 780-614-5718

Facebook: St. Paul Friday Farmers Market Open every Friday: February - December

Hours: 10am - 2pm Located at Portage College





You will find different items at every market, from freshly baked goods to canning, hot homemade soup, frozen meals, authentic Ukrainian and Pilipino foods, fresh veggies and more! Locally grown, house and garden plants, unique cards and crafts. There is sewn, knit, crocheted items of every kind, from toques, baby items, blankets, toys and clothes. Handmade jewelry, stones and gems, teas, lotions, oils, hemp products, leather and wood

If you make it, bake it or grow it, and you want to sell it.

workings! There is simply too many

items to list!



We are a long standing market, which has been operating for over 40 years! We welcome people to come browse, visit, and enjoy getting out in your community. We offer free coffee, and often free snacks from some of our lovely vendors.

We are committed to having a warm, welcoming atmosphere at every market!



FEE ASSISTANCE

SCHOOL DIRECTORY



KidSport provides grants to families facing financial barriers to participating in registered children's sports programs.

The KidSport St. Paul can provide up to \$300 per eligible child, per calendar year towards sport registration fees.

Visit the link top apply today! https://www.kidsportcanada.ca/alberta/st-paul/



Canadian Tire Jumpstart is a national charitable program launched by the family of Canadian Tire companies in 2005. The program helps financially disadvantaged kids (ages 4-18) participate in organized sports and recreation by covering registration, equipment and/or transportation costs.

For more information please refer to www.canadiantire.ca/jumpstart and go under the "Apply" tab to fill out your submission form.

St. Paul Friends of Playschool Society

4520 - 48 Avenue 780-645-3537 www.stpaulfriendsofpla.wixsite.com Pre-School

Ecole du Sommet

4609 - 40 Street 780-645-1949 www.sommet.centreest.ca Pre-Kindergarten to Grade 12

Glen Avon School

4402 - 42nd Street 780-645-3237 www.glenavonschool.ca Kindergarten to Grade 9

St. Paul Elementary

4520 - 48 Avenue 780-645-3537 www.stpaulelementaryschool.ca Kindergarten to Grade 5

Racette Junior High School

4638 - 50 Avenue 780-645-3571 www.racetteschool.ca Grade 6 to Grade 9

St. Paul Regional High School

4701 - 44 Street 780-645-4491 www.sprhs.ca Grade 10 - Grade 12

St. Paul Alternate Education Centre (SPAEC)

4701 - 44 Street 780-645-5015 www.spaec.ca Grade 8 - Grade 12

Portage College, St. Paul Campus

5205 - 50 Avenue 780-645-5223 www.portagecollege.ca Post Secondary

University nuhelot',ine thaiyots',nistameyimakanak Blue Quills

780-645-4455 www.bluequills.ca Post Secondary

MOT-FOR-PROFIT COMMUNITY GROUPS





BFWC Counterculture Youth Contact Name: Pastor Christopher Contact Number: 780-645-4714

Email: christopher@bfwc.ca Facebook: CountercultureBFWC Instagram: CountercultureBFWC

We at Bethel Family Worship Centre are passionate about our next generation. That is one of the reasons that we run some safe and fun weekly programming for our community's youth. At Counterculture Youth we play a bunch of engaging games like 9square and gaga ball and will even have the occasional nerf war! Each night we also take some time to teach teens about their God-given identities and how incredibly valuable they are. We have a Senior High program on Wednesday nights from 6:30-8:30pm and a Junior High program on Thursdays from 6:30-8:00pm.

Look us up on Facebook & Instagram at CountercultureBFWC or at bfwc.ca





Blue Quills Aboriginal Head Start Contact Number: 780-645-4455 or

Toll Free 1-888-645-4455 Visit us at www.bluequills.ca

Email registrar@bluequills.ca or headstart@bluequills.ca

Facebook: Blue Quills Aboriginal Head Start St. Paul





BGC St. Paul

Contact Name: Joelene Hazen, Executive Director Contact Number: 780-645-6769 Email: Joelene.stpaulbgc@outlook.com

Facebook: @stpaulboysandgirls

Since 1970, University nuhelot'įne thaiyots'į nistameyîmâkanak Blue Quills has been a locally controlled Indigenous education centre serving the academic and training needs of people of all cultures; encouraging everyone to experience studying in a unique socio-cultural and academic environment. Blue Quills is guided by our seven First Nation board members, each of whom represent our member Nations.

Our goal is to nurture learners to help them to reach their individual goals and meet the needs of their nations and communities. The university reflects our culture, Indigenous knowledge, practices, and ceremony. We welcome all students to begin their learning journey with us. The Blue Quills Aboriginal Head Start program is open to children who are First Nations, Métis or Inuit and focuses on six key components: Culture and Language, Education, Health Promotion, Nutrition, Family Involvement and Social Supports.

Children must be three years old and potty trained to qualify for this FREE program. Our program also includes a daily snack and FREE transportation from St. Paul to Blue Quills Aboriginal Head Start.

Call today to register for any of our programs!



We are a fully licensed childcare facility that offers child care from newborn until Grade 6!

Our whole program follows the Flight - Alberta's Early Learning Curriculum in our program delivery to ensure your child is seen as the Mighty Learner they are.

We are a part of the Federal - Provincial Agreement that expands accessible, affordable and high-quality child care to give Alberta families the choice they need.





Community Garden Society of St. Paul Contact Name: David Robinson Contact Number: 587-252-4651

Email: drobinsonx63@gmail.com

Website:

www.communitygardensocietystp.com





Girl Guides of Canada Toll Free: 1-800-565-8111 Website: www.girlguides.ca Facebook: St. Paul Girl Guides

The Community Garden Society of St. Paul was established in 2007 and was registered as a non-profit society in July 2009.

The Society charges participants the minimum amount possible to ensure maximum opportunities for residents and especially for seniors who are on fixed incomes, to enjoy producing heathy food along with the accompanying physical and mental benefits.

The number of people who have been given the opportunity to participate in gardening activities has increased every year since the garden started and in 2021, we have:

- 35 raised garden beds located at Senior Residences in St Paul
- 42 garden plots and 10 raised beds located at the Town Garden Site (adjacent to the Town Hall)
- 18 garden plots located at the County Garden Site (adjacent to the Transfer Station)



Guiding provides a safe, all-girl environment that invites girls to have fun, try new things, challenge themselves, find their voice, meet new friends, and make a difference in the world. Our vision is a better world, by girls. Our mission is to be a catalyst for girls empowering girls. Girl Guides of Canada strives to ensure that girls and women from all walks of life, identities and lived experiences feel a sense of belonging and can fully participate. We are an organization with over 100 years of history and a strong and growing future.







Iron Horse Ultra 100

Contact Name: Monique Poulin Contact Number: 780-645-4044 Email: info@ironhorseultra100.com Web: https://www.ironhorseultra.com Facebook: @ironhorseultra100





Lakeland Cross-Country Ski Club Email: lakelandccsc@gmail.com Website: www.lakelandxcski.com Facebook: @www.lakelandski.ca



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The Lakeland on the first weekend in October is the perfect season for a run.

The Iron Horse Ultra 100 is part of the Alberta Ultra Series, located in the beautiful Lakeland of Northern Alberta. Not to be underestimated, this event challenges runners in ways that others do not with 100 miles of con-tinuous trail.

Come try our 100 km or 100mile race as a team or dare to run Solo. Get on track and challenge yourself to conquer the Iron Horse Ultra in the back- country of the County of St. Paul.



Lakeland Cross-Country Ski Club (LCCSC) a volunteer-run, non-profit society since 2008, partners with nordic ski clubs in the Lakeland to promote year-round outdoor fitness.

LCCSC maintains two sites with classic & skate ski trails open to the public; 1. St. Paul Golf Course and 2. Westcove Municipal Recreation Area in the County of St. Paul

Membership to the Club, from July 1 - June 30, supports the costs of machinery, insurance, site development and Club programs.

LCCSC also offers:

- Dryland fitness activites in the off-season
- Ski Development Programs for youth and adults by certified coaches.
- Affordable ski rentals to members (small inventory) to make X-C skiing more

accessible to individuals/families in the community.

• Free public ski activities throughout the season.





KALINIOS SOM

NEMA - North Eastern Music Association

Contact Number: 780-646-0846 Email: nemasboard@gmail.com



Website: https://www.nemamusic.com/

Facebook: @NEMANorthEasternMusicAssociation



With over 35 years in the Community, NEMA is a volunteer-driven non-profit organization currently providing Violin, Guitar, Piano and Voice instruction. NEMA was founded in 1986 to provide quality, affordable music instruction to the St. Paul community.

We offer lessons to students of all ages and levels. Lessons begin in September and end in May. Students are welcome to register at any point in the season. Fees are due before your start date. Lessons are 30 minutes of individual one on one instruction.

Are you interested in learning a musical instrument we currently do not offer let us know! Interested in teaching, we are always hiring!





St. Paul 4-H Multi Club Contact Number: 780-614-3577 Email: stpaul4hmulticlub@gmail.com Facebook: St. Paul 4-H Multi Club

The St. Paul 4-H Multi has been operating for 50 years. Our club goal is self directing, productive and contributing members.

Vision: 4-H Alberta is recognized and respected as the youth organization of choice for developing outstanding future community leaders and citizens.

This 4H Club is formed to further these objectives and to provide service to the St. Paul Community. Our members take great pride in our projects, communication skills and serving our community.

Members must be 9 years of age by December 31st of the current club year. We also have a great Cleaver Program for ages 6-8 years old. Past projects within the Multi Club are: Sheep, Small Engines, Riding Project, Poultry, Beef, Pheasant, Photography, Foods, Crafts, and Canine. Our typical year starts in October and ends in June with lots of fun activities and great 4-H camps.





St. Paul & District Arts Foundation Contact Number: 780-645-2781

Email: mpdowntownartsstudio@outlook.com

Website: www.artfoundation.ca

Facebook: @stpaularts Instagram: @artsstpaul



St. Paul & District STEAM Society Contact Number: 403-630-5268 Email: president@spdss.ca

Website: www.spdss.ca

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Facebook: St Paul, & District Ab STEM and STEAM Society

The Arts Foundation is a registered charity and arts education centre that provides programs in St. Paul and Mallaig. \$25 membership per family per year. Volunteering/ fundraising not required.

Dance: Recreational, non-competitive classes run for 30 weeks and includes 2 performances. We offer creative movement, ballet, hip-hop, lyrical and Irish classes for ages 4 - 17.

Theatre: Students learn devised theatre, solo and group vocal techniques, and theatre style jazz dance. Term includes 30 weeks of instruction for ages 6 - 18 and 2 performances.

Music: Bring your woodwind, brass, string, or percussion instruments; and music reading ability to the Rusty Musicians Orchestra! Term includes weekly rehearsals and occasional performances. For ages 16+

Art: Learn basic skills in painting. Term includes 15 weeks of instruction and an art exhibit. Classes are available for ages are 6 - 12 and adults.

Circus: Students learn hula hooping, baton (staff), poi, juggling, and performance skills.

Classes run for 30 weeks of instruction for ages 6 - 17 and includes 2 performances. Adult Classes: We offer a variety of classes in 8 week sessions, including Tot & Me.

Latin beats, ballet, ballroom, two-step, and Irish dance. Many classes are available by drop-in or punch card.



leaders. Engage in hands-on STEAM learning, Minecraft Education, Robotics, Coding, and Business & Entrepreneurship

Minecraft for Education - Join us in "Building a Sustainable Future, One Block at a Time!" Embrace the power of Minecraft for Education and unlock your creativity while learning about science and sustainability.

STEM, ROBOTICS, CODING - SPDSS offers comprehensive STEM programming in Robotics, Python coding, Al, Machine Learning, and Blockchain. Through innovative teaching methods, students engage in hands-on, experiential learning to tackle real-world challenges. We offer workshops, after-school programs, and summer camps that foster practical skills and deep understanding of complex concepts.

Business & Entrepreneurship - Discover how to "Transform Ideas into Reality, Fueling Success and Growth!" Our program offers mentorship, networking, and funding opportunities to kickstart your entrepreneurial journey. Take the leap towards a thriving future!

Collaborate across generations and join the region's biggest annual event, the Lakeland Regional Science Fair, open to all students, including homeschooled and any school board. At SPDSS, we're not just about education; we're about community, creativity, and inspiring greatness. Join us now.





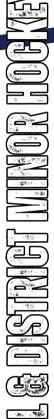
St. Paul & District Minor Hockey Association Website: stpaulminorhockey.ca Facebook: St Paul and District Minor Hockey Association St. Paul AG Society

Contact Number: 780-645-4373

Email: agsociet@telus.net

Web: www.stpaulagsociety.com Facebook: @stpaulagsociety



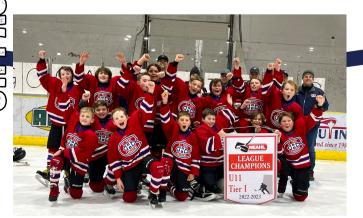


St. Paul & District Minor Hockey Association is based out of St. Paul, AB and currently has 3 streams of hockey: co-ed, female and pond teams ranging from U7 through U18.

Our association offers several programs to our youth in the community:

- Minor Hockey Programs
- Goaltending Camps
- Hi-Tek Pre-Season Camp

You can register online for the upcoming 2023/2024 Hockey Season.



The St. Paul Agricultural Society has been a very viable organization in the St. Paul community since December 8, 1914. We are recognized as a great organization thriving in a strong agriculturally focused and supportive com- munity. Linking people to the past and present by celebrating our agricultural way of life.

Throughout the year we have many events including the High School Rodeo, Ranch Rodeo and the LRA Finals.

We also have a riding arena – you can buy a membership to ride from October to July.

We also have 2 meeting rooms available to rent. See our website for more information.







St. Paul Barracuda's Swim Club Email: st.paulbarracudasswimclub@yahoo.ca Facebook: @barracudasswimclub St. Paul Curling Club

Contact Name: Tyson Wagner Contact Number: 780-210-1387

Email: gm.stpaulcurlingclub@gmail.com

Website: stpaulcurling.ca

Facebook: St. Paul Alberta Curling Club

Instagram: stpaulabcurling





Come join the fun!

Swimming is a life skill and by swimming at least twice a week our swimmers come out with increased confidence in the water. Choose between competitive or non competitive, for ages 5+

No previous experience is required. It is suggested that swimmers be able to swim one length of the pool.

Coaches assess new swimmers to give their recommendation for placement in the appropriate level.

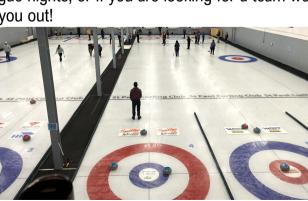


We are a six sheet curling rink, with a large lobby and viewing area. We have a superleague, Tuesday and Thursday open league nights, Wednesday night doubles league, Junior and Senior high competitive teams, senior and stick curling leagues.

As well, we offer a junior curling program, and numerous schools use our facility for physical education practice.

The St. Paul Curling Club is excited to announce that we will be hosting the upcoming Sentinel Storage Alberta Scotties Tournament of Hearts provincial playdowns will be held January 2024.

Contact us today to enter your team in one of our many league nights, or if you are looking for a team we can help you out!







St. Paul Figure Skating Club Email: stpaul.skating@outlook.com Web: www.skatecanada.ca Facebook: @Stpaulfigureskating St. Paul Football

Contact Name: Todd Tanasichuk Contact Number: 780-646-3815 Email: tanasichukt@gmail.com High School Team: St. Paul Lions

Junior High School Team: St. Paul Bengals



PreCanSkate/CanSkate is a dynamic learn-to-skate program that focuses on fun, participation and basic skill development.

CanPowerSkate is an action-packed, high energy instructional skating pro- gram geared to hockey and ringette skaters that focuses on balance, power, agility, speed and endurance.

STARSkate offers opportunities for skaters of all ages to develop fundamen- tal figure skating skills in the areas of ice dance, skating skills, free skate and interpretive skating.

AdultSkate offers CanSkate, STARSkate and CanPowerSkate programs geared for adults.

Our skaters have been working hard on their skating skills all year and this is their big chance to show off all they have learned. Come out and cheer them on at our Year-End Annual Carnival which is held in March.



St. Paul Football was established in 1984 and provides an opportunity for boys and girls in grades 6-12 to play organized football.

The program strives for excellence, winning many league championships and provincial titles at the junior high and high school levels of play. In the last 10 years, 6 championships have been won, 2017 provincial and northern Alberta Champions in 2018 & 2019.

The program fosters the characteristics of dedication, teamwork, sacrifice, work ethic, sportsmanship and discipline as well as many others.







St. Paul Gymnastics Club 4401 - 47 Street

Contact: Number: 780-210-1167 Email: stpaulgymnastics@hotmail.com

Facebook: @stpaulgymnasticsclub

St. Paul Karate-Do

Contact Name: Cal Leckie

Contact: Number: 780-645-8452 Email: cleckie@yahoo.com

Website: www.traditionalkarate.net

Facebook: St. Paul Karate-Do



Our Vision: All ages and abilities have exceptional gymnastics experiences.

Our Mission:

- facilitates quality gymnastics programming at a reasonable fee;
- provides a positive environment in which members can participate;
- provides opportunities for coaches to develop their skills;
- supports club gymnasts to achieve their full potential;
- promotes gymnastic activities as a life-long pursuit.

Offering recreational gymnastics classes for children 18 months to 14 years of age. We are a not-for-profit group started in the Fall of 2012. With plenty of hard work, dedicated volunteers and a supportive community, we started to offer classes in the Fall of 2013.

Please contact us for our current schedule. Interested in training to be a certified coach for our club? Please contact send us a message!



St. Paul Karate-Do provides quality instruction in traditional Japanese Shito-Ryu Karate-Do. We belong to Shito-Ryu Karate-Do Kyokai.

Instructor Cal Leckie has been teaching Karate in St. Paul for over thirty years. He holds Godan (fifth degree) Black Belt in Karate and Sandan (third degree) Black Belt in Kobudo (traditional Okinawan weapons).

Classes are held for children from 10 years and up and adults. As well, we teach Kobudo (weapons) and Batto-Do (Japanese sword) for intermediate and advanced students. Self Defence seminars and courses are available for community members from pre-school to adult.

We are located in our new location at the St. Paul Senior Citizen's Club at 4809-47 Street.







St. Paul Minor Baseball Email: minorballstpaul@gmail.com Web: https://stpaulminorball.com Facebook: @stpaulminorball

St. Paul Museum

Contact Number: 780-645-5562 Contact Number: 780-614-8853

Email Address: admin@stpaulmuseum.ca

Website: https://stpaulmuseum.ca/ Facebook: @StPaulMuseum









To promote the game of baseball and softball in a fair and equal manner to those involved by encouraging ALL players to develop and enhance their baseball/softball skills through fairplay, sportsmanship, team play, respect, responsibility, commitment and quality coaching.

Creating a positive environment where athletes, coaches and officials will achieve their full potential. Programs are structured to provide an opportunity for participation in ALL levels and are designed to meet the needs of the membership and community.

SPMB is part of the Lakeland Minor Ball league and is also registered with Baseball Alberta and Softball Alberta. We follow the rules and regulations according to Baseball Canada. SPMB is always looking to add more umpires to our organization. Training is provided in early spring. We encourage anyone wanting to be an Umpire to reach out. We acknowledge the support of our community and volunteers that keep our program successful.



Musée St. Paul Museum offers the community and visitors a view into the history of St. Paul and District. Showcasing the mission of St. Paul de Metis, the coming of homesteaders and agricultural history.

Our museum is unique as it showcases two museums in one location. Each is distinct and both are dedicated to collecting, preserving and displaying photographs and artifacts related to the history of the St. Paul Region.

The Museum offers an annual Geocache Tour, Find the Thimble Contest, Picture Scavenger Hunt, and Children Activities.







St. Paul Pickleball Club Contact: Bob Deacon Contact Number: 780-778-9305 Email: bsdeac5@gmail.com

Facebook: St. Paul Alberta Pickleball

EARCH & RESCU

St. Paul Search and Rescue Contact: Jagger Smyl Joly Contact Number: 780-645-9294

> Email: exec@stpaulsar.ca Website: www.stpaulsar.ca

Facebook: St. Paul Search and Rescue

St. Paul Search and Rescue is your dedicated volunteer team, with specialized Ground SAR, Swiftwater, and Drone units. Whether it's a wilderness expedition gone awry, a water-based emergency, or a search operation in challenging terrain, we're equipped and trained to respond promptly and effectively.

Our Ground SAR experts employ advanced techniques to locate missing individuals, while our specialized Swiftwater Team excels in water rescue scenarios. Additionally, our Drone Team employs cutting-edge technology to cover large areas efficiently and locate those in need.

Our commitment to the well-being of our community is unwavering. We embody unity, compassion, and expertise, standing ready to be your lifeline during times of crisis. Count on us to bring you home safely.

We are always looking for new members to join our team!



Pickleball is the fastest growing sport in the world and that popularity is reflected in the growth of our club in St. Paul. We are over 100 members strong and growing. A healthy and active lifestyle is our focus, and expressed in an open and welcoming atmosphere. We also promote the development of the sport through clinics and visits to teach and play the game

Our club extends beyond the playing courts, with a variety of social events scheduled to enjoy the company of our members and their families. We have 3 indoor courts we use during the winter, and 8 outdoor courts for summer play. There is scheduled club play 3 mornings and one evening each week. Competitive, recreational and instructional opportunities are available. The only requirement is a clean pair of runners for indoor play. The club supplies all of the equipment needed.

So if you are looking for an opportunity to get active and involved with a great group of people, drop in and pay us a visit. All skill levels are welcome. Come and get hooked like the rest of us.







St. Paul Soccer Association Email: stpaulsoccerassociation@gmail.com Website: www.stpaulsoccerassociation.com Facebook: St Paul Soccer Association - St. Paul. AB



St. Paul Tennis Club Email: stpaultennisclub@gmail.com Website: http://linktr.ee/stpaultennisclub Contact Number: 780-645-6637 Facebook: St. Paul Tennis Club

St. Paul Soccer Association offers soccer for ages 4 years to adult. Our goal is to develop recreational and competitive soccer in St. Paul.

Soccer is held at the St Paul Lions Soccer Field which has a number of pitches to accommodate various teams of all ages. Our Grassroots program offers in house games and our youth teams travel the Lakeland for league games and tournaments.

SPSA offers indoor and outdoor soccer programs. Our indoor season runs from October to March in gyms and our outdoor season runs from May to end of June and later for youth play-offs and Provincial qualifiers. Registration opens September for indoor and February for the outdoor season.

SPSA offers many opportunities for young athletes to grow and develop their soccer abilities through games and tournaments and chances to join with other communities in the Lakeland and compete at different tier levels.



Our mission is to promote the lifelong enjoyment of tennis in our community. We have one of the best kept facilities in the province. Come see for yourself!

St. Paul Tennis Club has two locations in St. Paul. One is located by the St. Paul Regional High School and the other is by the St. Paul Golf Course.

2023 Membership Fees:

\$30.00 - Children Under 18

\$40.00 - Adults

\$70.00 - Family Pass

Membership Benefits:

- Racquet re-stringing
- 1 FREE Private Lesson \$20/Hr Private Lessons
- Competitive Ladder for Adults
- Access to all Club Programs
- Club Nights
- Weekday Lessons
- Summer Camps for Youth
- Court Booking Privileges



















St. Paul Visual Arts Centre Located at 4613-53 Street. South of the Pool.

Contact Number: 780-645-3071

Email: spvac@telus.net Website: www.spvac.com

Facebook: @StPaulVisualArtsCentre



The Power of our Voice

Contact Name: Lvnn Smid Contact Number: 780-645-5311 Email: lsmid@town.stpaul.ab.ca

Instagram: spyc20

St. Paul Youth Council

Come have fun and create with us! We are your friendly neighbourhood Visual Arts Centre! Established in 1977 as Alberta's first rural art centre. We are a non-profit, volunteer run organization dedicated to providing recreational visual arts opportunities to people of all ages and abilities. Follow us on Facebook for the most up to date information on adult and youth classes as well as special sales and events!

YOUTH CLASSES

We offer a variety of day camps & classes for youth year-round. Explore paint, oil and soft chalk pastels, mixed media/collage, charcoal, clay and more!

ADULT CLASSES

GLASS FUSION: create coloured glass art through a fun, organic process!

POTTERY: beginner & intermediate wheel throwing &/or handbuilding with clay!

PAINTING: watercolour or acrylic projects, beginner to intermediate, no experience needed, we walk you through it!

EXHIBITS & SALES

Hand crafted by our talented SPVAC Members Pottery, art, fused glass, sculpture, jewellery, crafts, cards and more! Watch our Facebook page for these annual community events.



St. Paul Youth Council (SPYC) is a FREE youth-led, volunteer-based organization that acts as a voice for youth in our community.

We meet one Sunday a month at 5pm in the St Paul Regional FCSS youth room.

We promote youth involvement by planning & hosting events for all community youth. SPYC is a great way to develop skills like leadership & communication, explore career options, give back to our community & connect with others.

If you're in grade 7-12 and would like to join, we'd love to hear from you!



EMERGENCY SERVICES

AMBULANCE/FIRE/POLICE 911
POISON CONTROL CENTRE 1-800-332-1414
ST. THERESE HOSPITAL 780-645-3331
VICTIM SERVICES 780-645-8858
CRISIS LINE 780-645-5195 OR 1-800-263-3045

TOWN OF ST. PAUL CONTACT INFO

Administration Office Located at 5101-50 Street Email: townhall@stpaul.ca Ph: 780-645-4481

Action Bus Located at 5101-50 Street Email:townhall@stpaul.ca Ph: 780-645-4481

Aquatic Centre Located at 4702-53 Street Ph: 780-645-3388

FCSS & LFRN Located at 5002-51 Avenue Ph: 780-645-5311

Municipal Enforcement Located at 5101-50 Street Email:peaceofficer@stpaul.ca Ph: 780-645-4522 Planning & Legislative Located at 5101-50 Street Email:pd@stpaul.ca Ph: 780-645-1758

Public Works Located at 5508 - 48th Street Ph: 780-645-3509

St. Paul Golf Course Located at 4601-57 Street Email: spgc@stpaul.ca Ph: 780-645-4077

Tourism Centre Located at 4902-53 Street Ph: 780-645-6800





GOMMUNITY

DREGTORY

ABUSE

ANTI-BULLYING CHILD ABUSE HOTLINE CRIME STOPPERS	1-888-456-2323 1-800-387-KIDS (5437) 1-800-222-8477
KIDS HELP LINE ST. PAUL VICTIM SERVICES	1-800-668-6868
WOMEN'S SHELTER INQUIRIES	780-645-8858
	780-645-5132
BUSINESS CRISIS LINE	780-645-5195

ACCOMMODATIONS

GALAXY MOTEL	780-645-4441
KING'S MOTEL (THE)	780-645-5656
ST. PAUL LODGE	780-645-2202
CANALTA HOTEL	780-645-5581
WOODLAND MOTOR INN	780-645-2245
THE LANDING HOTEL & CONFERENCE CENTRE	587-465-1300

ACCOUNTANTS (CHARTERED)

H & R BLOCK			780-645-5540
JMD GROUP LLP			780-645-4611
MCAVOY, WD CPA (CHARTE	RED ACCOUNTANT	780-645-7882

ADDICTION SERVICES

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